Directions: Think about your life as a book that is being written. Books are made up of chapters. Divide your life into chapters. These chapters can be based on spans of time, like the years represented by childhood (maybe birth to age 12), then adolescence (your teen years), then emerging or early adulthood, and so on until today. Another way to organize your chapters is to think about key events: schooling and employment, places you’ve lived, communities you’ve participated in, or other significant features that have marked the seasons of your life up to the present day. Include key people, experiences, and themes.

Chapter 1 Title:

Key characters

Important events

Significant themes
Chapter 2 Title:

Key characters ________________________________
___________________________________________
___________________________________________

Important events ______________________________
___________________________________________
___________________________________________

Significant themes ____________________________
___________________________________________
___________________________________________

Chapter 3 Title:

Key characters ________________________________
___________________________________________
___________________________________________

Important events ______________________________
___________________________________________
___________________________________________
Significant themes

CHAPTER 4 TITLE:
Key characters

Important events

Significant themes