**Worksheet 11.2**

**Your Current Chapter**

**Directions:** Think about your life as a book that is being written. Books are made up of chapters. You have already divided your life so far into different chapters that brought you to today. Now you are asked to name and describe the chapter that represents what is happening in your life now, as you have decided to come to therapy to talk to someone about your sexual identity and religious identity. How would you title the present chapter? Then, as before, offer a brief summary of the key figures during this present time, along with some of the key themes and experiences, to help me understand the title and why it resonates for you.

**Chapter Title:**

Key characters ____________________________________________

________________________________________________________________

________________________________________________________________

Important events ____________________________________________

________________________________________________________________

________________________________________________________________

________________________________________________________________

________________________________________________________________

Significant themes ____________________________________________

________________________________________________________________

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