ASSessment / 29

W o r k s h e e t 2 . 2

Assessment: Religious and Spiritual Identity

The following questions are about your religious or spiritual faith tradition.

1. How would you describe the religious or spiritual faith tradition you were raised in?

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2. How would you describe your local religious faith community growing up?

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3. How much of what you experienced at home and in your local religious faith community is part of your life today?

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4. How would you describe how your religious faith tradition addressed the topics of same-sex sexuality, sexual identity, and so on?

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5. In what ways has your religious faith been a challenge for you (or potentially harmful to you) as you navigate questions about your sexual identity?

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6. In what ways has your religious faith been a resource to you (or potentially beneficial to you) as you navigate questions about your sexual identity?

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